

# “Art for fine motor-skills.”

January 30<sup>th</sup> 2024

Sumi-e Painting

## Flowers

Materials. Provided photographic resources. Pencil ,paper, ruler and eraser.

Brushes size 2, 6, 12

Standard watercolours

Suitable for attendees wishing to improve their ‘Focus’ in art and demonstrate cognitive processing and development in their artwork. It is most suitable for those attendees who require exercises for fine motor skills. Each lesson is of 60 minutes duration.

## LESSON 1

*Sumi-e painting*

Image supplied- unsplash



